



ENEXIR

SLEEPTech – 1

"Sleep is nature's way of awakening your innate healing energies."



The Philosophy of Sleep!

Sleep is much more than dozing off and slumbering.

It is not a mindless phenomenon for rest to relieve fatigue, but an esoteric phenomenon of nature for awakening healing and homeostasis.



Understanding Sleeptech

Beyond Ordinary Sleep

Ordinary sleep is an unconscious mindless phenomenon. Sleeptech enables a higher form of conscious mindful sleep

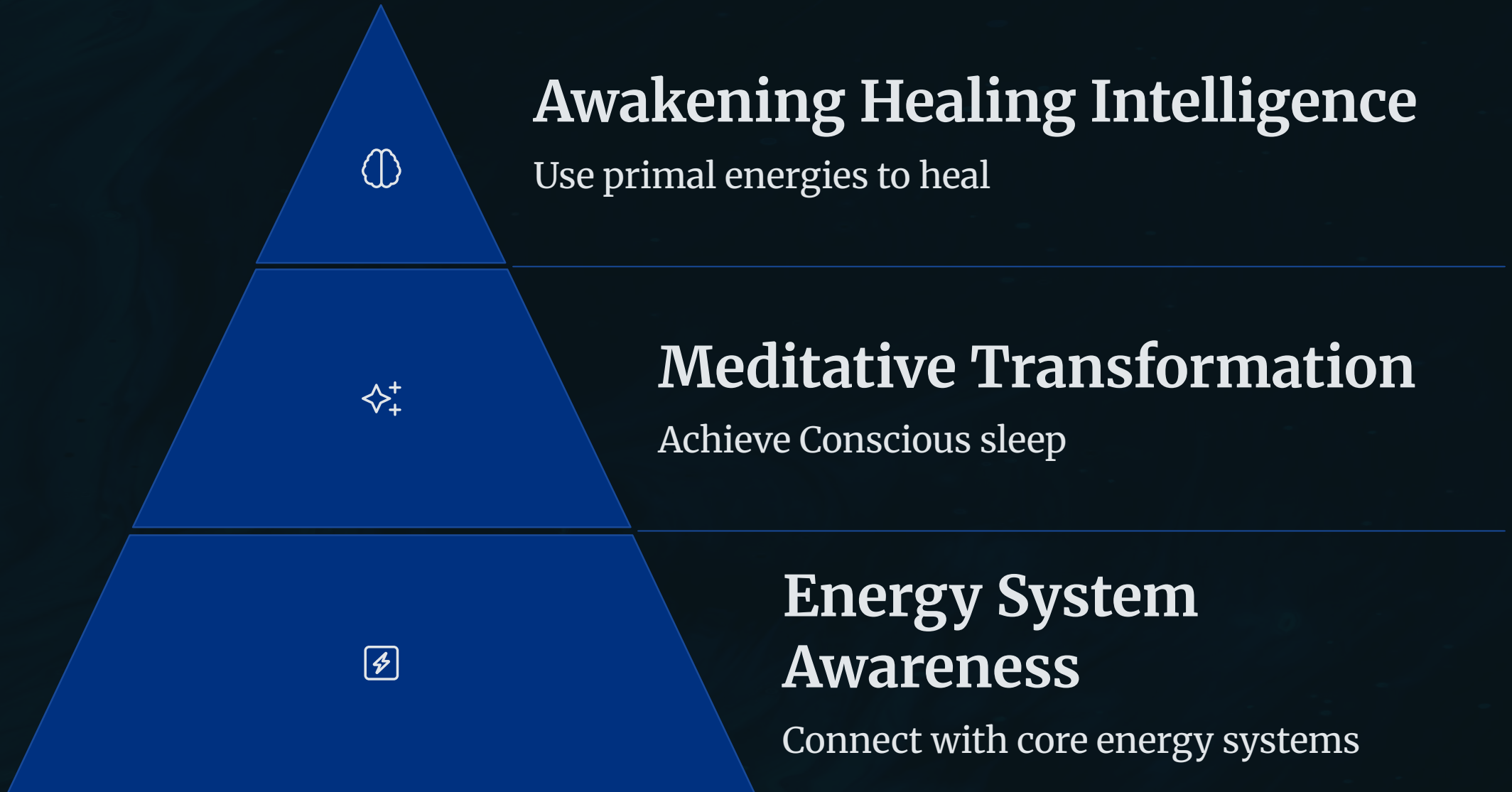
Healing Intelligence

The adept practitioner of Sleeptech can restore cellular intelligence to its optimum and achieving health & wellbeing.

Meditative Transformation

Sleeptech is a unique program that awakens higher conscious and achieves deep rest of body & mind thru a meditative state

The Power of Sleeptech





Healing through Sleptech!

- meditate on your intrinsic energy system
- stimulate the primal energies within
- channelise them into your functional dynamic channel network
- eliminate illness and restore health.

Benefits of Sleeptech



Mindful Resting

Sleeptech for Mindful resting



Healing Illness

Sleeptech for healing illness



Stress Relief

Sleeptech for releasing stress & fatigue



Enhanced Functionality

Sleeptech for better physical and mental functions



MODULES COVERED :-

1 Module 1
Philosophy of sleep

2 Module 2
Sleep in modern science!

3 Module 3
Yogic sleep!

4 Module 4
Sleeptech concepts

5 Module 5
Neuro-motor relaxation

6 Module 6
Pranic energy world

7 Module 7
Developing Pranic
awareness

8 Module 8
Say goodbye to sleep
disorders

9 Module 9
Healing with
sleeptech

Join Sleeptech Program Today!

Course Fees :-

Rs. 499/-

Learn Sleeptech Techniques

Master the art of transforming mindless sleep into meditative transformation

Practice Daily

Incorporate Sleeptech into your daily routine for optimal benefits


Experience Transformation

Enjoy mindful resting, healing, stress release, and better physical and mental functions



EXPLORE OUR OTHER COURSES!

ENEXIR
THE ENERGY TO TRANSFORM YOUR LIFE!



BREATHTECH

SLEEPTECH

BRAINTECH

THE ENERGY TRILOGY!