

The **6** VITAL INTELLIGENCES!



MEDIKA ORIGINA ACADEMY

Nurturing Intelligence; Empowering Life!



ABOUT MEDIKA ORIGINA

The world has forgotten the the two most important facets of existence - The 'Mind Entity' and the 'Life Entity'. While our Life Entity is the fundamental base of our consciousness, the Mind Entity is the intrinsic intelligence that gives direction and meaning to our lives.

I have always felt that medicine, philosophy, and spirituality are the basis of living a meaningful and healthy life. While medicine focuses on physical health and wellbeing, philosophy enhances our mental health and spirituality evolves our whole existence to its ultimate potential. Currently, there is increasing awareness of the trinity of health i.e. the harmony of our three dimensional existence comprising of Body-Mind-Soul.

It is important to realise that the trinity of existence are all facets of our fundamental 'Living energy'. The concept of living energy and its applications in healthcare were known to mankind since thousands of years. Yet, we somehow have managed to forget this critical knowledge and have lost our way. We are paying the price through our sick bodies, deranged minds and disturbed soul. It is time to revive this wisdom and realign ourselves to health.

I have humbly tried to amalgamate ancient wisdom and modern science, the spirituality and the physicality of the universe, into a holistic approach for the benefits of all suffering humanity. Harnessing the potentials of our living energy will revitalise our physical bodies, empower our mental powers and awaken our spiritual potentials. This is the way nature meant us to live and heal our Body-Mind-Soul continuum. This is MEDIKA ORIGINA - the original way to a healthy existence.

-Dr. Mayank Shah



OUR PROGRAMS

ENEXIR

ENERGY INTELLIGENCE

- Breathtech
- Sleeptech
- Braintech

MITY MIND

WORK INTELLIGENCE

- Envisioning Success
- Effortlessness
- The Happy Tiger

MIND EVOSIS

MIND INTELLIGENCE

- Emotional Evisis
- Performance Evisis
- Life Evisis

VENUS MIND

FEMININE INTELLIGENCE

- Emotional Evolution
- Women Wellness
- Life Beyond Limitations

EVOLIFFE

SPIRITUAL INTELLIGENCE

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- Illuminating Philos Limitations

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HEALING INTELLIGENCE

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- AcutheraPy
- NextGen Homoeopathy

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MIND INTELLIGENCE



The Energy to Transform Your Life

“We are living energy with Intelligence”

We are energy beings and our health, wellbeing and the quality of our existence depends on the quality of our vital Energy. Our cultures always nurtured our energetic essence and harnessed its potentials. Ancient esoteric sciences like Yoga, tai chi, Qigong etc. bear testimony to the importance of cultivating energy for our evolution.

Living energy is unique; it empowers of physical being, preserves our health & wellbeing and is the very source for manifesting our life dreams. It has the innate intelligence that gives a meaning and purpose to everything we do. Unfortunately, most people loose the art of activating their innate intelligence and lose their way towards a mediocre existence.

Illness of the body, mind and spirit itself is a state of disturbed energy. Hence, since ancient times, healing was always achieved by moving and balancing energy. Our own living energy is considered to be the most powerful tool for healing. We need to focus our attention on awakening, enhancing and healing our subtle energy potentials and optimising their functions.

ENEXIR is the art of stimulating, exercising and vitalising our energy fields; remove blockages and restoring balance..... It is the wonderful science of energy healing and achieving the highest state of physical, mental and spiritual health. Enexir is the Energy to transform your Life!

COURSES

SLEEPTech

BREATHTech

BRAINTech



Manifesting abundance, Inspiring Success

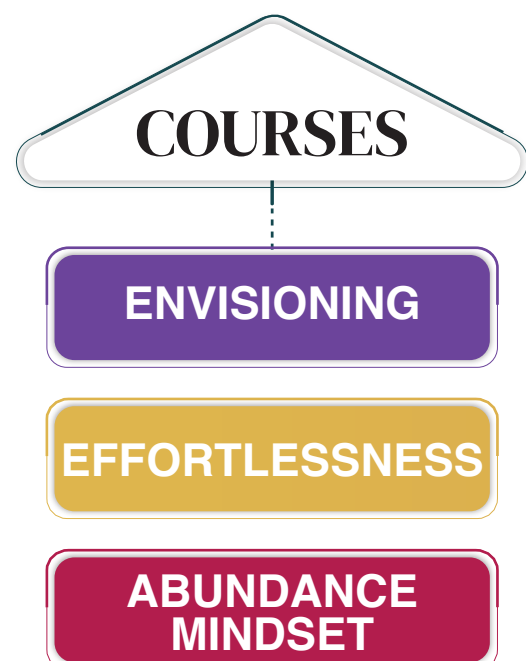
“Attracting wealth and success is just a state of MIND”

Materialism and spiritualism are not opposite to each other, they are two sides of the same coin. This is a revealing statement specially because both these facets are seen as two different entities moving in different directions. When someone succeeds in the material world, it is believed to be the result of hardwork and a keen business sense. However, every successful enterprise has a subtle but powerful Spiritual Mind energy silently fuelling its progress.

Dr Mayank Shah presents a radical transformation in the way we work-to-achieve and to evolve our intrinsic potentials to succeed in the business world. All milestones are not achieved just by formal education and handwork. Contrarily, there is a higher intelligence that needs to be activated to develop the fine art of working efficiently and successfully.

At the same time, it is important that we do not succumb to the relentless demands of the competitive environment and preserve our health and wellbeing in the quest for progress and success! Nowadays, work burnout cases are on the rise and executives show signs of stress in their early age and are subject to life long medications and a compromised life.

MITY MIND offers a unique insight into the dynamics of success & wealth. It seeks to align our material pursuits with our spiritual evolution. This program illuminates the technology of training our Mind to achieve magnetic wealth energy. Mity Mind is a unique program which empowers the business professional with - Envisioning, Effortlessness and Abundance Mindset.





Attuning the higher Self!

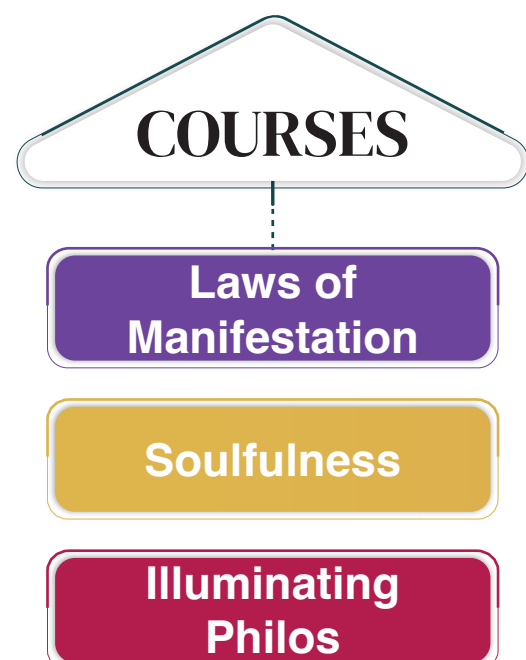
“Knowing your SELF is the key to knowing & conquering your Universe!”

To understand Life and the universe around us, we have to first know and understand our SELF; and thereby, our true nature and identity. The SELF is a unique Living entity characterised by Intelligence and Energy potentials. These two facets are fundamental to our existence and to give a purpose and direction to our life.

Every living being, by default, possess the fundamental potentials of Intelligence & Energy. Intelligence potential enables Knowledge and Feelings while Energy potential is the basis of Action & Creation. Our Intelligence potential empowers us to give meaning to our experiences. While, with our energy potential we indulge in creative activities and evolution.

Nurturing the SELF is an art and science both. The SELF represents our higher virtues and potentials which are usually dormant within us. Once activated, it elevates consciousness, intelligence and energy levels. These are the potentials that transform us.

Dr Mayank Shah unfolds the mysteries of evolving the SELF and the spiritual intelligence for 'Attuning the higher Self' thru powerful Transcendental technology. These programs help in developing the fundamental skills required for living an extraordinary Life and evolve to our highest potentials!





Empowering Feminine Creative Energies

Welcome to the Venus Mind program, a transformative journey designed to empower women and unlock their extraordinary potential by unleashing the powers of the Mind. The human mind is a powerful force shaping every facet of our lives—from physical health to emotional well-being. Our thoughts, beliefs, and emotions profoundly impact our health & experiences. This program delves into the unique characteristics of the feminine mind and offers a roadmap to emotional balance, enhanced well-being, and a life of harmony and fulfilment.

The unique nature of the female mind, has its strengths and weaknesses. It is more prone to emotional and hormonal disturbances. Through a combination of scientific insights, practical and empowering Mind techniques, the Venus Mind program will guide you toward a deeper understanding of yourself and help you harness the power of your mind towards a healthy body & mind and create a life you love.

The Venus Mind program is about more than just feeling good; it's about unleashing your inner feminine power and tapping into your full potential. By understanding the unique strengths of the female mind and learning to harness its power, you can achieve extraordinary things. You will realise that you have the ability to make a difference in the world, inspire others, and create a life that is truly meaningful and fulfilling.

COURSES

**Emotional
Evolution**

**Women
Wellness**

**Life Beyond
Limitations**



The art of healing naturally

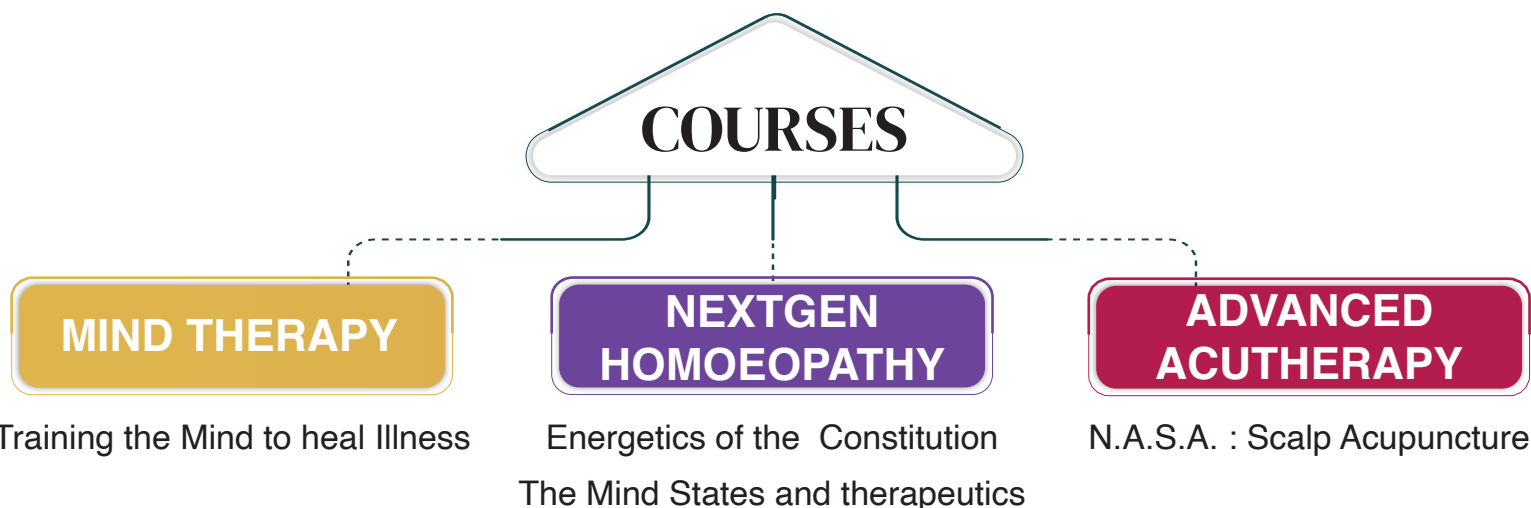
“The Primary Objective of Healing is to Restore ‘natural’ Health and Wellness by Eliminating the Root Causes of Illness That is the Only True Way - the Science of Nature’s Original

We are multi dimensional beings. And fundamentally, we are made up of LIVING ENERGY; a unique entity with consciousness and intelligence. It is the qualitative state of our energy which governs the quality of our existence. In simple words, it implies that our energy states govern our health and wellbeing.

Our medicine culture has vast archives that reveal a vital principle of medicine - ‘healing was always achieved by balancing our core energies’. This is radically different than our modern medical approach which is focussed on attributing diseases to material causes and using violent measure to eliminate them. The limitations and implications of such an insensitive approach are evident. We have forgotten our true nature and sidelined the natural laws of healing.

Dr Mayank Shah has worked towards understanding and reviving the ancient energy healing systems with a modern scientific touch. NOM is a curated program to understand and employ Natural Healing Sciences and use them in mainstream healthcare effectively. These programs are developed after years of research & practice and are formatted on easy to understand principles and applications.

This form of medicine has the potential to heal illness from its roots, quickly, safely and effectively.





3 MIND EVOSIS

Mind Intelligence

Unlock 3-Minds, Unlock Life!

“Our life is the crystallisation of our Mind potentials”

Life is unique and so are we. Understanding ourselves is the biggest challenge to our intelligence. And it is our intelligence that gives us our uniqueness. It is obviously one of our most powerful potentials, and we need to use it to the fullest. Nature has given us the means to control and harness our intelligence - our MIND! Our Mind is synonymous with life intelligence. Thus, wherever we find intelligence, we find a MIND.

Philosophically, the 'Mind' is a powerful entity that is empowered with the power of creation. It is at the centre of all manifestations and the innate intelligence which gives shape to our experiences. The Mind governs all aspects of our life including our Health and Wellbeing.

The Mind entity has been an enigma and a subject of intense contemplation. Currently, it is postulated that we possess a single Mind with its multi-layered structure viz. Conscious, sub-conscious and unconscious Mind. This belief has its own advantages and limitations as well. Is it possible that the Mind is not only single multidimensional entity, but a conglomerate of multiple Minds each with its multi-dimensional layout??

With intense contemplation and inspired by spiritual wisdom, the idea of the 3-Minds was conceptualised. Dr Mayank Shah postulated that we have 3 separate multi-dimensional Mind entities working synergistically. The 3-Minds concept offered a unique understanding of the vastness of our MIND. This

knowledge not only helps manage our lives but also serves as a powerful technology to resolve our problems and conflicts. It covers a wide spectrum of transcendental applications ranging from self transformation, personal evolution, performance enhancement and healing life as a whole.

In today's world, where identity crisis and mental health is a major issue, 3-Minds Evosis offers a life-changing tool to improve our existence.



COURSES

Emotional Evosis

**Performance
Evosis**

Life Evosis



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